Adding Elastic Bands to the Panthera Classic



If the patient reports that the mandible drops open while sleeping, adding elastic bands is a simple solution to keep the mandible closed.

Elastics can be added to an existing appliance, or ordered when placing the initial prescription.



Elastic band notches are added to the lower portion of the appliance directly below the upper connecting arm location.

Using a lightning disc, two cuts are added into the lower flange about 2mm apart and 2mm deep.





Disengage the connecting arm from the lower posterior fin one side at a time.

Rotate the connecting arm 90° posteriorly to line up the triangle on the connecting arm with the triangle opening on the appliance. Pull gently to disengage the arm.



Add an elastic band over the connecting arm and reconnect the connecting arm, lining up the triangles and snapping into place.

Repeat procedure on the other side and rotate the appliance back into placement position.





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Position the elastic band around the upper connecting arm location, align and seat the elastic band into the lower notches, gently pull the elastic to fully seat into the notch.

Repeat with the other side.





Elastics will lose their strength over time. The patient should check them daily as they clean the appliance.

Replace elastics once a week for hygiene purposes, or, as needed to assure the elastic band tension maintains the appliance in a closed position.



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